

# Dàanke

(Bulgaria)

Dàanke is a men's dance from the village of Kavrakirovo, West Pirin Mountains.

Pronunciation:

CD: IBLD#8, "Bulgarian Folk Dances—Summer 2001," Band 8.

Cassette: "Bulgarian Folk Dances—Summer 2001," Side A/8.

Rhythm: The dance consists of a slow figure and a fast figure.

Slow figure: 8/8 + 5/8 (SQSQS) counted as 1,2,3,4,5.

Fast figure: 11/8 (QSQQQ) counted as 1,2,3,4,5.

Formation: Open circle of M, hands joined in W-pos, moving in LOD, leader on R.

Steps and Styling: Leader holds a handkerchief in R hand.

## Meas

## Pattern

4 meas INTRODUCTION. Slow melody. No action.

13/8 I. SLOW FIGURE (SQSQS counted as 1,2,3,4,5)

1 Facing in LOD, lift on the L while the R ft slowly goes from high curve to kick fwd to the R side (ct 1); lift on L (ct 2); step on R to R side (ct 3); lift on R while the L ft does a very high curve from bkwd to fwd (ct 4); step fwd on L to R side (ct 5).

2 Lift on L while the R ft slowly goes from high curve to kick fwd to the R side (ct 1); lift on L (ct 2); step on R fwd to R side while turning the body to face ctr (ct 3); bend the L ft very high across the R ft (ct 4); hold (ct 5).

3 Facing ctr, lift on the R while kicking with the L ft fwd (ct 1); lift on R while bending the L ft very high (ct 2); step on L behind R (ct 3); low leap bkwd onto R (ct 4); step bkwd on L (ct 5).

4 Facing in LOD, step fwd on the R in LOD (ct 1); lift on R (ct 2); step fwd on L in LOD (ct 3); bending the L knee, turn body to ctr and bend the R knee across the L ft (ct 4); straightening the L knee, turn the body and the curved R ft to the R side of the circle (ct 5).

11/8 II. FAST FIGURE (QSQQQ counted as 1,2,3,4,5)

1 Facing in LOD, lift on L (ct 1); low leap fwd in LOD onto R (ct 2); lift on R (ct 3); lift on R (ct 4); low leap fwd in LOD onto L (ct 5).

2 Low leap fwd onto R (ct 1); low leap fwd in LOD onto L (ct 2); low leap fwd in LOD onto R and step fwd in LOD on L (ct 3); low leap fwd in LOD onto R (ct 4); low leap fwd in LOD onto L (ct 5).

3 Lift on L (ct 1); low leap fwd onto R while turning the body to ctr (ct 2); lift on L while touching the R toes diag R (ct 3); lift on L while bending R sole across L ft (ct 4); hold (ct 5).

4 Facing ctr, lift on R (ct 1); low leap onto L behind R ft (ct 2); lift on L while touching with the R toes diag R (ct 3); lift on L while bending R sole across L ft (ct 4); hold (ct 5).

SEQUENCE: Introduction: slow melody

Fig I, Slow Figure: 8 times

Fig II, Fast Figure: 8 times

Presented by Iliana Bozhanova

FOLK DANCE CAMP - 2001